



Rushcliffe Health Partnership 'Healthy Lives, Healthy Futures Fund' 2016 – Invitation for proposals

What is the 'Healthy Lives, Healthy Futures Fund'?

The Healthy Lives, Healthy Futures Fund has been provided by NHS Rushcliffe Clinical Commissioning Group to support local initiatives that aim to improve health and reduce health inequalities.

Locally, this funding is allocated through the Rushcliffe Health Partnership. We are now inviting local groups and organisations to put forward proposals for setting up or expanding projects that will take creative approaches to improving health locally. Successful projects will promote health and well-being by identifying and addressing inequalities in health or the factors that cause ill-health. Projects can cover a number of themes and deliver in one or more geographical areas. We are particularly keen to support projects which target the areas of highest need within the Borough of Rushcliffe.

What types of projects are likely to be successful?

Proposals must tackle at least one of the Partnership's health priorities (see appendix 1) and meet the following criteria:

- The project must be evidence based – the proposal must include evidence of need (how did you identify the need and whom have you consulted?) and be clear about how the project will make a difference to the health of participants and encourage lifestyle behaviour change. Projects will need very specific aims, objectives and measurable outcomes* and need to be able to indicate how these will be monitored and evaluated
- The project must be accessible and culturally relevant to the target group, be community led and help to develop personal skills. Plan for the on-going sustainability of the project must also be considered

How much can a group or organisation apply for?

It is anticipated that the majority of applications will be for up to £2000 per project but larger amounts will be considered. Please note applications are limited to one project per organisation.

How will funding be accessed?

Please complete a proposal using the electronic application form. An acknowledgment of receipt of your application will be sent to you via email. You can expect to hear a response from the Rushcliffe Health Partnership within 10 working days. Proposers may be asked for additional information, further clarifications or modifications before the final agreement.

How will groups or organisations be supported?

Rushcliffe Health Partnership is keen to hear from a wide range of groups. We recognise that some small groups may need additional support to plan, deliver or evaluate their project, so please do get in touch to discuss your ideas.

Funding Conditions

- Healthy Lives, Healthy Futures funding is available for one year only, the funding must be spent the end of April 2017. The expectation is that the project or group will become self-sustaining after that time or seek another source of recurrent funding
- To qualify for a grant the group must be set up formally and have a bank account in the group's name. Groups and organisations will need to keep receipts/records of spend as these may be requested.
- If your project will involve children, young people or vulnerable adults, please send a copy of any relevant policies (e.g. Child Protection or Working with Vulnerable Adults) and ensure that all essential checks are in place
- All groups and organisations that receive funding will be required to send brief midpoint email update and final report/evaluation to the Rushcliffe Health Partnership. The final report will need to illustrate how health outcomes* were achieved and provide a breakdown of how the funding was spent. The application will need to identify how the outcomes* will be measured and evaluated (methods can include photos, questionnaires, quotations, case studies, etc.)
- All groups and organisations that are successful will be required to include the Rushcliffe Health Partnership logo and the NHS Rushcliffe CCG logo on all publicity materials along with the following statement 'This project has been funded by NHS Rushcliffe Clinical Commissioning Group in partnership with Rushcliffe Borough Council as part of Rushcliffe Health Partnership'.

Funding cannot be given:

- To profit-making organisations
- To organisations that are politically affiliated or for projects that promote a particular religious group (faith organisations can apply, but the project should not promote any particular religious views)
- To fund core or running costs of an existing organisations, although start-up costs for a new initiative may be considered

* 'outcomes' – these are the changes you wish to make to people's lives and the difference that your project will make.

For any queries about the Rushcliffe Health Partnership Healthy Lives, Health Futures Fund please contact:

John Kemp, Health Development Officer on 0115 914 8233 or jkemp@rushcliffe.gov.uk

Appendix 1

Priorities identified by Rushcliffe Health Partnership

1. Smoking

Support in the community for people to stop smoking and work to prevent the uptake of smoking.

2. Tackling Obesity and promoting Healthy Eating

Encouraging positive behaviour change regarding diet and lifestyle

3. Reducing Substance Misuse and Related Harm: Alcohol and Drugs

Providing a creative approach to challenge alcohol and drug use and misuse

4. Improving mental health and wellbeing

Community approaches to improving mental health and reducing stigma

5. Reducing social isolation and loneliness

Reducing isolation and loneliness and promoting independence

6. Improving the health of communities of poorest health

By either locality, ethnicity or disability

7. Promoting Community-Based Physical Activity

Offering local community based physical activity opportunities in the most deprived areas of the Borough.

For more information, see the following:

Nottinghamshire Health and Wellbeing Strategy:

<http://www.nottinghamshire.gov.uk/caring/yourhealth/developing-health-services/health-and-wellbeing-board/strategy/>

Rushcliffe Health Profile:

<http://www.apho.org.uk/resource/item.aspx?RID=171735>